

PRESENTED BY



9<sup>th</sup> Annual

# BIG RED SHOE

5K, 10K and 1 MILE WALK FOR OUR HOUSE

September 18<sup>th</sup> 2021



RMHC  
of the Four States



Event will feature appropriate COVID-19 safety protocols for social distancing and/or mask wearing when applicable and is contingent upon CDC guidelines at the time of the event.



REGISTER ONLINE AT  
[runsignup.com/Races](https://runsignup.com/Races)

RONALD MCDONALD HOUSE CHARITIES OF THE FOUR STATES  
3402 SOUTH JACKSON AVE. • JOPLIN, MO



# BIG RED SHOE *September 18<sup>th</sup>* 2021

2021

## RACE DAY REGISTRATION

STARTS @ 6:30 AM

**10K**

STARTS @ 8:00 AM

**5K**

STARTS @ 8:15 AM

**1 MILE WALK/RUN**

STARTS @ 8:20 AM

### ENTRY FEES

**10K \$40**

shirt included

**5K \$30**

shirt included

**1 Mile Walk \$15**

shirt included

**1 Mile Walk \$10**

NO shirt

### AWARDS

Top Overall Male  
and Female

Top Male and  
Female Finishers  
in each age group  
(12 and under, 13-19  
and every 10 years  
from 20 to 70+)

### PACKET PICKUP

Available at Ronald McDonald  
House of the Four States

3402 S. Jackson  
417-624-2273

Friday, September 17th  
3:00 PM – 6:00 PM

Race Day  
6:30 AM – 7:30 AM

\*Shirts guaranteed only to participants who register by September 4

## SIGN UP

**DISTANCE:**  10K  5K  1 MILE WALK  1 MILE WALK (NO SHIRT)

NAME	AGE	D.O.B.	
EMAIL	PHONE		
ADDRESS	CITY	STATE	ZIP

### SELECT SHIRT SIZE

(if included with entry fee)

#### Adult Shirt Size

SM  MED  LG  XL

#### Youth Shirt Size

SM  MED  LG

## PAYMENT INFORMATION

CASH  CHECK

I am unable to race, but enclosed is my donation of \$ \_\_\_\_\_

No refunds will be given should the participant decide not to race or in the event of a cancellation. All money paid will be considered a donation.

### MAIL ENTRY WITH PAYMENT TO:

Ronald McDonald House  
c/o Big Red Shoe  
P.O. Box 2688  
Joplin, MO 64803



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## REGISTRATION WAIVER

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against the Event Director, RunSignup.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive

any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

As it applies to my participation in this race, I agree to abide by the Center for Disease Control (CDC)'s recommendations for the prevention of the spread of COVID-19 and attest to having read the CDC's guidance at: [www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html](http://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html). I also agree to abide by any COVID-19 distancing and other safety guidelines issued by the state, the community or by this race for my participation in this race.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

This event follows the standard running industry policy: All entry fees are non-refundable.

We reserve the right to postpone or cancel the event due to circumstances beyond our control such as a natural disaster or emergency or as required to protect the safety of participants and staff. No refunds will be issued under these circumstances. We reserve the right to change the details of the event without prior notice. I understand that my entry fee is non-refundable and bib numbers are non transferable.

**By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver including the no refund policy.**

WAIVER SIGNATURE (PARENT/GUARDIAN IF UNDER 18)